Summary of Fecal Immunochemical Test (FIT) offered by Adventist Lab Partners

Advantages of FIT
American College of Gastroenterology recommends FIT as a replacement for the Guaiac method because of improved sensitivity and specificity to lower-GI hemoglobin. Other advantages:

- One specimen.
- Fewer false negatives/false positives.
- Same day results.
- No dietary or medicinal restrictions.
- Ease of use for physician and patient.
- Better patient compliance.
- Closed system for specimen collection & handling.
- Covered by Medicare, Medicaid, private insurance and public aid.

Restrictions
No dietary or medicinal restrictions prior to performing the test. FIT is sensitive only to lower-GI hemoglobin.

Specimen Collection
Swipe the wand over your gloved finger after a digital rectal exam. Return the wand to the Vial.

Specimen Labeling Requirements
- Vial must have a red & white ALP specimen label with patient’s full legal name (first & last), DOB and date specimen collected.
- Completed lab requisition or test order, including billing information, must accompany each specimen.

ICD-9 Diagnosis Codes
Screening Codes:
  - V76.51 Screening for malignant neoplasms; Colon
  - V76.41 Screening for malignant neoplasms; Rectum
A complete list of diagnostic ICD-9 Codes is available by calling 630-856-6897.

Test Order
To order the test, write FIT on your lab requisition. The test is orderable in Cerner and in NextGen as FIT.

CPT Codes
- G0328 Medicare
- 82274 Private insurance

Patient Kit
Patients can collect specimen at home with a FIT Kit. Detailed instructions are included in the Kit. If you give a FIT Kit to a patient, you must:

- Label the Vial with patient’s full legal name and DOB using a red & white ALP specimen label.
- Write your practice name on the back of the pre-addressed mailer envelope.
- Provide a complete lab requisition and instruct the patient to mail it along with the Vial.

OR
- Have the patient return the Vial to your office so you can forward it to us with a completed lab req.

Ordering Supplies
FIT Vials are packaged in bags of 10. Patient Kits come in boxes of 20. Please fax a Client Supply Requisition (enclosed) to 630-856-4046 to order FIT Vials or FIT Kits. Your order will be delivered by a lab courier within 48 hours of receiving your fax.

Reimbursement
FIT is covered by Medicare, Medicaid, Illinois Public Aid, and private insurance.

Call Jan Kremer, Client Account Coordinator 630-856-6897 or email janet.kremer@ahss.org if you have further questions, need additional information, or wish to meet with a Polymedco representative.