

X-ray

An **x-ray** uses a small amount of radiation to create images of your bones and internal organs. X-rays are most often used to detect bone or joint problems, or to check the heart and lungs (chest x-ray). In Illinois, Radiologic Technologists are credentialed and licensed. An RT or radiography student will be taking your x-rays.



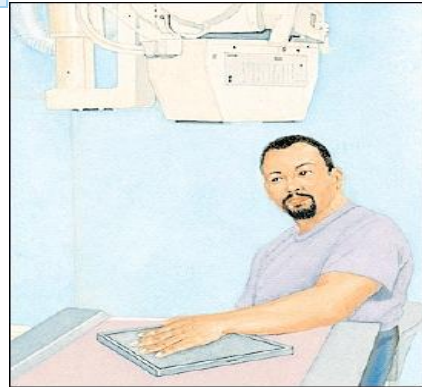
Wrist x-ray

Let the technologist know if you:

- Are or may be pregnant
- Have had an x-ray of this part of your body before
- Have metal in the part of your body being imaged

Before Your Test

- You may be asked to remove your watch, jewelry, or garments with metal closures from the part of your body being imaged. These items can block part of the image.
- You may be asked to put on a gown.
- You may be asked about your overall health or any medications you take.



For best results, remain as still as you can during your x-ray exam.

During Your Test

- You will be asked to lie on a table, sit, or stand.
- If you are female, you will be asked about the possibility of being pregnant.
- A lead apron may be draped over part of your body to shield it from the x-rays.
- With an x-ray of your chest or abdomen, you will be instructed to take a deep breath and hold it for a few seconds.
- Each exam usually requires at least 2-3 x-rays, sometimes more, so you will be instructed on how to move your body into the required position before each new x-ray.

After Your Test

- You will need to contact your doctor to discuss the test results.