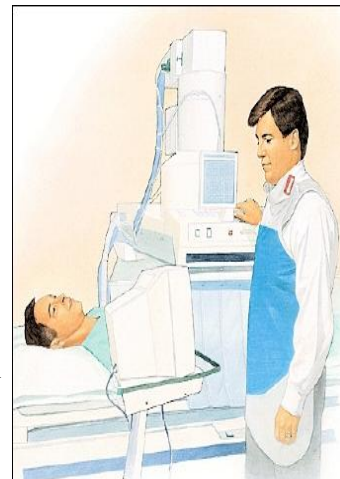


## Upper GI Series

An **upper GI series** is an x-ray exam of your **upper digestive tract** (the area from your mouth to the start of your small intestine). This test helps the radiologist find problems such as ulcers, tumors, and certain diseases. A series of x-ray images will be taken. This test must be scheduled with Central Scheduling (630-856-7070).

### Before Your Test

- Nothing to eat or drink after midnight the night before your test (this includes gum, mints, etc).
- Be sure to mention the medications you take and ask if it's okay to take them before your test.
- Do not smoke during this time.
- The test takes 30–60 minutes. Please arrive at Out Patient Registration at least 30 minutes prior to your test to allow time to register.



#### Let the technologist know if:

- You have any allergies
- You ate or drank anything after midnight
- You're pregnant or think you may be
- You've had any previous surgery
- You take any medications

### During Your Test

- You will drink **barium** (a liquid that improves x-ray images).
- You also may swallow “fizzies,” a substance that makes air build up in your stomach. Don't burp, even if you feel you have to.
- You may need to stand or lie in different positions.
- You will be asked to hold your breath for a short time during the x-rays.

### After Your Test

- Your stool may appear white or lighter than normal.
- Be sure to drink extra liquids for a day or two after the test, unless otherwise instructed by your doctor.
- If you have any difficulty with your bowel movements, contact your doctor.
- You will need to contact your doctor's office for the test results.