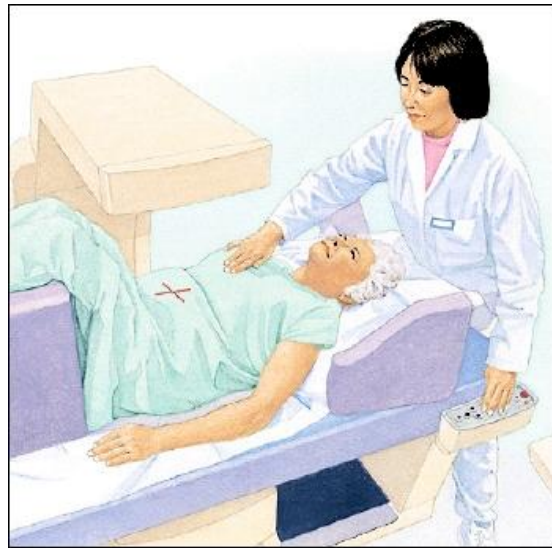


Bone Density Study

A **bone density study** helps diagnose osteoporosis (bone thinning). Scans of your lower back, hip, or forearm are taken to measure the amount of calcium (density) in your bones. Calcium is the mineral that makes up your bones. This test must be scheduled with Central Scheduling (630-856-7070).

Before Your Test

- Be sure to mention the medications you take and ask if it's OK to take them before your test.
- Do not consume multi-vitamins, calcium supplements or fasamax 24 hours prior to your exam.
- Please arrive at least 15 minutes prior to your exam to allow enough time for registration.



The technologist will adjust your body and the scanner during the exam

During Your Test

- You will lie on a table or sit.
- Your lower legs may be raised on a platform.
- A scanner arm moves back and forth over the part of your body being scanned.
- Remain still and do not talk during the scan.
- Follow instructions to help prevent the need for a second exam.

Your Test Results

- You may need to wait briefly while the images are reviewed.
- Your doctor will discuss the test results with you during a follow-up visit or over the phone.